

Acupuncture Healing Point
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CONSENT FOR COSMETIC ACUPUNCTURE

PLEASE, READ THIS DOCUMENT CAREFULLY AND COMPLETELY. INITIAL EACH PAGE INDICATING, THAT YOU HAVE READ THE PAGE. YOUR SIGNATURE ON THE LAST PAGE INDICATES THAT YOU HAVE READ THE DOCUMENT AND YOUR QUESTIONS ANSWERED, YOU UNDERSTAND THE EXPECTATIONS AND RISKS ASSOIIATED WITH COSMETIC ACUPUNCTURE AND CONSENT TO TREATMENT.

This is an informed consent that explains the expectations and risks associated with the Mei Zen Cosmetic Acupuncture System, developed by Martha Lucas, Ph.D, L.Ac. Please be advised that this treatment is not a surgical procedure.

The purpose of Cosmetic Acupuncture is to create a younger and more vibrant appearance. An acupuncture treatment using the Mei Zen Cosmetic Acupuncture System involves the insertion of acupuncture needles to the face, neck and body in order to reduce the visible signs of aging. According to the theory of Traditional Chinese Medicine (TCM) there are meridians or pathways of Qi (energy) that flows throughout entire body. Therefore, it is possible for Cosmetic acupuncture to address the energy of the entire body making it not merely a "cosmetic" treatment. Your completion reflects the result of the state of Qi in your entire body.

As with all TCM treatments, like acupuncture, the Mei Zen Cosmetic Acupuncture System involves the patient in a gradual, healthful process that I, Natalie Miner MS, L.Ac., customize for each individual. Your treatments may include other modalities in conjunction with the acupuncture and will be explained if they are required for your care. The Mei Zen Cosmetic Acupuncture System is in no way analogous or a substitute for a surgical facelift.

In receiving cosmetic facial acupuncture you may experience some of the following changes:

- Improved muscle tone
- Decreased puffiness around eyes
- Firming of sagging skin
- Elimination or reduction of fine wrinkles
- Even skin tone and improved lustier of completion

ALTERNATIVE TREATMENTS:

Treatments for sagging skin of jowl and neck, wrinkles, excess skin above and below the eyes and excess puffiness under the eyes may be corrected by various methods including but not limited to surgical facelift, chemical peels, liposuction, injections, surgical threading and laser treatments. Risks and potential complications including death, sever scarring, nerve damage, sloughishing skin, lumpiness, swelling, allergic reaction and permanent discoloration are associated with these alternative forms of treatment.

RISKS OF COSMETIC ACUPUNCTURE:

In undertaking any procedure, it is important that you understand the risks involved with receiving the Mei Zen Cosmetic Acupuncture System. Although most patients who receive this procedure do not experience complications, the potential side effects or risks are listed below:

- a. **BLEEDING AND BRUISING** – As with acupuncture in general when needle is removed some minor bleeding may occur. This is normal and usually will not leave a bruise. Occasionally, a bruise or hematoma may appear. With bruising it is important that you wear sunscreen when going outside. Topical and internal remedies will be discussed to address bruising. If swelling persists, call me immediately.
- b. **INFECTION** – Infection at the needle site is very rare after an acupuncture treatment because the needles are sterile. If you suspect infection at the needling site (i.e. redness, swelling or warm on touch) call me. Additional treatment or referral to your MD may be necessary.
- c. **DAMAGE TO DEEPER STRUCTURES** – (Not applicable to Mei Zen System) In certain systems deeper structures such as blood vessels, nerves and muscles are rarely damaged during the course of a facial acupuncture treatment. If this does occur, the injury may be temporary or permanent.
- d. **ASYMMETRY** – All facial structures are naturally asymmetrical. Results may vary from side to side due to the natural asymmetry, previous injuries on one side of the body or severity of symptoms from one side or the other.
- e. **NERVE INJURY** – Injury of the motor or sensory nerve very rarely results from facial acupuncture treatments. Nerve injuries may cause temporary or permanent loss of facial movement and feeling. Such injuries can improve over time. Injury to the sensory nerve of face may cause temporary or, more rarely, permanent numbness. Painful nerve scarring is extremely rare.
- f. **NEEDLE SHOCK** – Needle shock is rare complication that can happen during any acupuncture treatment. If you feel faint or shaky during treatment, please, let me know immediately.
- g. **ALLERGIC REACTION** – in rare cases, local allergies to topical preparations have been reported. Systemic reactions that are more serious may occur to herbs used during an acupuncture treatment. Skin testing is done prior to application of any herbal preparations, Allergic reactions may require additional treatment or discontinuation of treatment
- h. **DELAYED HEALING** – Delayed healing is rare complication. Smoking and certain health conditions such as diabetes, chronic fatigue syndrome, to name a few may delay healing response of any of the aforementioned risks.
- i. **UNSATISFACTORY RESULTS** – It is important to understand that you are not having a surgical procedure. The alternatives, risks and comparison of surgical procedures versus acupuncture have been discussed and outlined in this document. Please, discuss any questions with me before treatments begins.

LONG TERM EFFECTS:

Following your cosmetic acupuncture treatments changes in facial appearance may occur as a result of the normal process of aging, weight loss or gain, sun exposure, stress, illness or other circumstances not related to acupuncture. It has been explained, that following lifestyle and dietary instructions may enhance the longevity of the cosmetic acupuncture treatment while non-compliance will adversely affect the longevity of cosmetic acupuncture treatment. Additional future treatment may be necessary to maintain the results.

HEALTH INSURANCE

As with most cosmetic procedures, most insurances do not cover the cost of the procedure or complications resulting from the procedure. Please, contact your insurance if you have any questions about coverage.

EXPECTATIONS AND GUARANTEE

It has been explained, that Cosmetic Acupuncture is not a surgical procedure. My questions regarding longevity of results, expected changes in my facial appearance have been answered. Although good results are expected, there is no guarantee or warranty either expressed or implied on the results that may be obtained.

FINANCIAL RESPONSIBILITIES

The fee of \$750 for ten treatments for Cosmetic Acupuncture includes the acupuncture treatment and skin care at the end of each treatment. Herbal formulas if recommended may have an additional cost.

DISCLAIMER:

Informed consent documents are used to communicate information about the proposed procedure along with disclosure of risks and alternative forms of treatment. They are not intendment to define or serve as the standard of acupuncture. However, informed consent documents should not be considered all-inclusive in defining other methods of care and potential risks. Standards of acupuncture are determined on the basis of all the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice pattern evolve. I may provide you with additional or different information that is based on the facts in your particular case and present state of knowledge within the field of acupuncture.

CONSENT FOR COSMETIC ACUPUNCTURE TREATMENT:

I, _____ understand, that there are several styles or methods of Facial, cosmetic, or rejuvenation acupuncture and have been informed, that Natalie Miner MS, L.Ac. practices Cosmetic Acupuncture.

I recognize, that during the course of cosmetic acupuncture treatments, unforeseen conditions may necessitate different procedures than those listed above. I therefore authorize the above acupuncturist to perform such other procedures required in her professional judgment and within her scope of practice. The authority granted under this paragraph shall include all conditions that require treatment and are not known to my acupuncturist at the time the procedure undertaken.

I hereby authorize Natalie Miner, MS, L.Ac. to perform *MeiZen Cosmetic Acupuncture*

My signature below indicates that:

- 1 It has been explained to me in a way that I understand that there are:
 - a) risks involved with the procedure
 - b) that I have alternatives available to me for cosmetic improvements
 - c) how the treatment or exposure involved with the protocol will be undertaken
- 2 Natalie Miner, MS, L.Ac. has address my questions and expectations.
- 3 I acknowledge that no guarantee has been given to me by anyone as to results that may be obtained.

Patient signature

Practitioner signature